

ARLINGTON ELEMENTARY SCHOOL DISTRICT

Local School Wellness Policy — Triennial Assessment
2026–2027 | Draft for Evidence Review

Purpose and assessment status

Working triennial assessment incorporating the prior Local Wellness Policy dated July 1, 2026, the supplied School Wellness Report Card, and reported 2026–2027 practices. This is a draft assessment, not proof of completion or publication. Assessment period and last completed triennial assessment date: TO VERIFY.

1. Nutrition promotion and education

Previous policy: promote healthy food and beverage choices; encourage participation in NSLP and School Breakfast Program; provide age-appropriate nutrition education and positive signage. Previous report: colorful cafeteria posters, serving-size and Offer Versus Serve information, teacher communications, stickers to encourage healthy choices. Current reported practices: nutrition information and questions during meals; educational posters in cafeteria, kitchen and hallways; salad bar nutrition information. Evidence to attach: dated photos, menus, lessons, communications, training logs.

2. School meals and nutrition standards

Previous policy: participate in NSLP; follow USDA meal patterns; offer free potable water during meals; provide fruits, vegetables and whole grain-rich foods. Current reported practices: CEP school; monthly breakfast and lunch menus posted on website; daily lunch salad bar with fruits and vegetables; breakfast for K–5 in cafeteria and grades 6–8 in classrooms. Confirm meal-pattern compliance through menus, CN labels, production records, and nutrient/component documentation rather than the policy alone.

3. Competitive foods, celebrations and fundraising

Previous policy states no competitive food sales during the school day, with future sales subject to USDA Smart Snacks and Arizona requirements. Previous policy applies nutrition guidelines to school events, parties, parent-provided snacks and rewards; encourages nonfood fundraising. Current policy/practice reported: no vending machines or school stores; cafeteria-approved classroom celebration snacks; adult à la carte sales. Verify student-facing à la carte offerings and fundraising compliance separately; adult-only sales are not automatically student competitive-food sales. Evidence: snack approvals, labels, fundraiser reviews.

4. Food and beverage marketing

Previous policy limits food and beverage marketing during the school day to products meeting Smart Snacks standards. Assess posters, cafeteria signs, school publications and digital promotions; document any noncompliant advertising and corrective actions.

5. Physical education and activity

Previous policy encourages daily movement and Arizona-aligned physical education. Previous report marked physical activity of at least 30 minutes daily as outstanding, and described stretching, counting, recess and sports. Current reported practice: PE 25 minutes per day, four days weekly; seasonal sports and rotating participation, plus other

movement opportunities. Do not equate PE time with total daily physical activity without schedules/recess documentation. Evidence: PE schedules, lesson plans and recess schedules.

6. Wellness committee, leadership and participation

Previous policy calls for a representative committee, annual meeting and community participation. The photographed older roster contains outdated role assignments. Current leadership: Chad Turner, Superintendent; Irene Coronado, Cafeteria Director and wellness coordinator; Scott Hansen, Governing Board President; other committee membership to verify against the latest approved roster. Meeting date reported August 17, 2026; follow-up planned April 12, 2027. Evidence: invitations, sign-in sheets, minutes, roster, action items.

7. Public access and community engagement

Previous policy provides for website and office availability and annual notification of updates. Current reported policy locations: district website, front office, and Cafeteria Director office; menus posted monthly online and throughout cafeteria/kitchen. Verify date-stamped links/screenshots and public notices. Publishing the policy is different from publishing the triennial assessment; the latter remains TO VERIFY.

8. Progress assessment against goals

Previous School Wellness Report Card: OUTSTANDING—school meals/guidelines displayed; more than two fruits offered daily; cafeteria nutrition training; wellness meetings; recess/PE opportunities; daily physical activity; K–5 cafeteria breakfast; grades 6–8 classroom breakfast. SATISFACTORY—regional/local products when possible and parent birthday-health-option lists. These are historical self-ratings, not independently verified 2026–2027 ratings. Current ratings should be assigned after evidence review.

9. Highlights and areas for growth

Historical highlights: stretching and movement, junior high classroom breakfast, positive student incentives. Historical areas for growth: cafeteria nutrition posters, Offer Versus Serve and serving-size communications, and teacher outreach. Proposed next steps: confirm parent celebration snack guidance; keep dated evidence of student nutrition education; document committee actions; complete a written model-policy comparison and public assessment posting.

10. Required triennial comparison and corrective actions

USDA triennial assessment should document (a) school compliance with the policy, (b) progress toward wellness goals, and (c) comparison with a model wellness policy. Complete a line-by-line comparison with a recognized model policy, identify gaps, assign owners and deadlines, and retain proof of public availability. This draft does not establish that these tasks are completed.

11. Evidence and sign-off

Attach: current board-approved policy; last assessment/date; committee minutes and roster; dated website screenshots; monthly menus and production records; Smart Snacks/celebration approvals; PE/recess schedules; training records; photos of signage; model-policy comparison; public notice. Prepared by: Irene Coronado, Cafeteria Director. Review date: 10/19/26. Committee review: _____. Superintendent/authorized official: Chad Turner. Public posting date and URL: 10/20/26 Arlington Elem. org